

SPRING PLAY DOUGH

2 cups of plain flour
1/2 cup salt
4 tsp cream of tartar
1 1/2 cups of boiling water.
2 tbsp olive oil
Dried roses
Food colouring (optional)

2 cups of all-purpose flour.
1 cup of salt.
4tsp cream of tartar
1/2 cup of cocoa.
1 1/2 cups of boiling water.
2 tbsp of olive oil.

2 cups of plain flour
1/2 cup salt
4 tsp cream of tartar
2 tbsp olive oil
1 1/2 cups of boiling water.
Dried Lavender
Lavender essence (optional)
Food colouring (optional)

2 cups of plain flour
1/2 cup salt
4 tsp cream of tartar
1 1/2 cups of boiling water.
2 tbsp olive oil
Lemon zest
Lemon rind
Food colouring (optional)

WHY?

Play dough is such an AMAZING resource for sensory play, but even better than that is making it with your little ones. Whilst it might seem like the messier option, there are also so many benefits!

Measuring out ingredients builds early numeracy skills such as counting and a basic understanding of capacity.

Making play dough is also a wonderful sensory experience for little learners who can really get stuck in to the process!

HOW?

Place all of the ingredients of the dough you'd like to make to a bowl, with the exception of the water. At first the mixture will almost look like breadcrumbs.

Add boiling water* GRADUALLY.

Once cool, knead until the stickiness has gone. Add more flour if necessary at this stage.

Add drops of essence of food colouring and knead again.

Sprinkle lavender/ rose petals/ lemon rind on top. Store in an airtight container.

MODIFY

This activity requires the ability to follow instructions and is recommended from 2.5 years.

The older the child, the more responsibility they can be given. Start off by letting your child mix the ingredients in the bowl, for example and move on to measuring out ingredients.

*It hopefully goes without saying that pouring the boiling water is an adult task!

